

“I first starting playing back in the 80s when I was a child, my brothers weren’t much interested in the game so I often found myself kicking the ball up against a wall. I love football because being in a team is like having an extended family, you play together, you train together, go out together and laugh together. Playing in the 80’s was quite hard, but ultimately good fun, you learn a lot about yourself growing up in the game, and it’s essential to have a good support network around you. I didn’t really have a role model I’ve always pushed myself very hard to be the best that I can be.”

“I started my career with Aberdeen Ladies when I left school, and played there until I was 23. I would spend my pre-season training, playing in various tournaments. In 1989 I was playing in a tournament in Preston where I was scouted to play for Verona. It was exciting but also daunting at the time because I had never been abroad before. The football in Italy was a lot faster and a lot more physical than I had been used to in Scotland, so I had to get a lot fitter to compete.”

“My favourite moment as a player was getting to a Cup final with Aberdeen. My time with Verona was also special, I have fond memories of flying to Sardinia and Rome to play in front of large crowds. It was also humbling being asked for my autograph for the first time.”

“I finished my playing career at 35, then took a break from the game and actually took up rowing! One day one of my fellow rowers asked me if I would like to help out with coaching one of the local teams, and I agreed and have been coaching for ten years now. I’ve won three titles and two runners’ up medals as a manager, these are my greatest memories as a manager. I am currently the manager of Dee Vale Ladies Football Club. We’ve just started a youth set up and have teams up to under 17s.”

“Women’s football is thriving right now with a lot more senior clubs that are taking women’s clubs under their belts, and this has brought more women to football matches supporting teams. Women’s football now is worlds apart from when I was playing, grounds are better, players are fitter and there is much more support for girls even at grassroots.”



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